

6242 Cooks

Cooks prepare and cook a wide variety of foods. They are employed in restaurants, hotels, hospitals and other health care institutions, central food commissaries, educational institutions and other establishments. Cooks are also employed aboard ships and at construction and logging campsites. Apprentice cooks are included in this unit group.

Example Titles

Apprentice Cook
Cook
Dietary Cook
First Cook
Grill Cook
Hospital Cook
Institutional Cook
Journeyman/woman Cook
Licensed Cook
Line Cook
Second Cook
Short Order Cook

Main duties

Cooks perform some or all of the following duties:
Prepare and cook complete meals or individual dishes and foods
Prepare and cook special meals for patients as instructed by dietitian or chef
Supervise kitchen helpers
Oversee subordinate personnel in preparation, cooking and handling of food
May plan menus, determine size of food portions, estimate food requirements and costs, and monitor and order supplies.
Cooks may specialize in preparing and cooking ethnic cuisine or special dishes.

Employment requirements

Completion of secondary school is usually required.
Completion of a three-year apprenticeship program for cooks
or
Completion of college or other program in cooking
or
Several years of commercial cooking experience are required.
Trade certification is available but voluntary in all provinces and Territories.
Interprovincial trade certification (Red Seal) is also available to qualified cooks.
Additional information

There is mobility among the various types of cooks in this group. Progression to supervisory or more senior positions, such as chef, is possible with experience and training.

Red Seal trade certification allows for inter-provincial mobility.

Classified elsewhere

Chefs (6241)

Food Counter Attendants, Kitchen Helpers and Related Occupations (6641)

Apprentice Cook	Domestic Cook
Assistant Cook	Ethnic Food Cook
Banquet Cook	First Cook
Breakfast Cook	Grill Cook
Broiler Cook	Hospital Cook
Cafeteria Cook	Institutional Cook
Camp Cook	Journeyman/woman Cook
Caterer Cook	Kosher Foods Cook
Construction Camp Cook	Licensed Cook
Cook	Line Cook
Cook, Apprentice	Logging Camp Cook
Cook, Camp	Mess Cook
Cook, Domestic	Pastry Cook
Cook, Ethnic Foods	Pizza Cook
Cook, First	Railway Cook
Cook, Fishing and Merchant Vessel	Restaurant Cook
Cook, Institution	Second Cook
Cook, Kosher Foods	Ship`s Cook
Cook, Second	Short-Order Cook
Cook, Small Establishment	Special Diet Cook
Cook, Third	Special Orders Cook, Hospital
Diet Kitchen Cook	Therapeutic Diet Cook
Dietary Cook	Third Cook